

How do I get more levomepromazine?

Contact your GP to arrange a prescription. Take this to your community pharmacy. Do not let your supply run out before requesting the prescription as it may take a few days for the GP to complete the prescription and for your pharmacy to order the medication.

Can I drive when I'm taking levomepromazine?

You are responsible for ensuring you are fit to drive. Northern Ireland law allows you to drive when taking medicines if your ability is not affected. Do not drive or use machinery if:

- You have recently started taking levomepromazine and don't know how it affects you
- The dose or frequency has changed recently
- You have taken alcohol along with levomepromazine
- You feel drowsy or sleepy, or cannot concentrate.

Advice is available at NI Direct:



Can I drink alcohol when I'm taking levomepromazine?

It is recommended you avoid alcohol while taking levomepromazine as effects like dizziness or sleepiness can worsen.

Talk to your doctor if you want to discuss this further.

Levomepromazine in supportive & palliative care

Information Leaflet for Patients

What is levomepromazine used for?

Levomepromazine is used to treat nausea (feeling sick) or vomiting that is uncontrolled or difficult to manage. Levomepromazine can also help manage feelings of agitation.

Notes



This medicine is ONLY FOR YOU. Never give it to anyone else even if their symptoms appear to be the same as yours.

How do I take my levomepromazine?

The dose and frequency will be decided and adjusted based on your symptoms. Always follow the instructions on the label and take this as prescribed by your doctor. Levomepromazine is taken by mouth as an oral solution or tablet or as an injection under the skin.

Levomepromazine tablets or oral solution

Your dose and number of times you take levomepromazine varies depending on need. If you take levomepromazine once daily, it is best to take it at bedtime as it can cause drowsiness.

You may be told to swallow the tablet whole or to break it in two. Swallow with a glass of water.

If using the liquid preparation use an oral syringe to measure the right dose. Your doctor, nurse or pharmacist will show you how to do this.

Levomepromazine injection

Injections may be used if you cannot take tablets or oral solution, for example because of vomiting or difficulty swallowing. A nurse will give this as an injection under the skin, or continuous infusion over 24 hours using a syringe pump.

If you find levomepromazine is not working as well as expected, contact your doctor, nurse, pharmacist or other specialist healthcare professional. Do not take more than you have been directed to, as this could cause side effects.

What if I miss a dose of regular levomepromazine?

If you miss a regular dose, take it when you remember.

However, if it is almost time for your next dose, wait until then and don't take the missed dose. Never take a double dose. Tell your doctor if you miss more than one dose in 24 hours. Contact your doctor immediately if you accidentally take more levomepromazine than prescribed.

What are the common side effects?

All medicines can cause side effects, though not everyone experiences them. The most common side effects are feeling light-headed or drowsy. If you experience this do not drive or operate machinery.

Levomepromazine can make your blood pressure drop, especially if you stand up quickly. It may also cause dry mouth or make you constipated.

Your skin may become sensitive to sunlight. If this occurs, do not use sunlamps and take care with strong sunlight. Use a sunscreen that will protect you against UVA light and has a high sun protection factor (SPF).

A rare but serious condition called neuroleptic malignant syndrome can develop with levomepromazine. Signs can include muscle stiffness, a very high temperature, confusion, sweating and a fast heartbeat. Contact your doctor immediately if this happens.

If side effects occur speak to your doctor, nurse or pharmacist. It is possible to experience other unwanted effects not mentioned in this leaflet. If you have any concerns contact your doctor, pharmacist or specialist nurse.

Is it safe to take other medicines while on levomepromazine?

Levomepromazine may increase the effects of other medicines that make you sleepy or dizzy.

Tell your healthcare professionals what medicines you take, including any you buy in a pharmacy or shop, herbal remedies or recreational drugs.

How should I store levomepromazine?

Store in a dry place, below 25°C and out of reach of children.

Store in the original package in order to protect from light.

Do not take the medicine after the expiry date marked on the packaging.