

Donning and Doffing of PPE for Droplet Precautions For COVID-19

- Ensure hair is tied back securely and off the neck and collar
- Before putting on PPE, decontaminate hands with soap and water and/or alcohol sanitiser using a seven step technique.
- Check you have everything you require for the tasks you are going to undertake.
- Never bring your hands up to your face or adjust the PPE when you are in patient contact.

Donning Procedure



First apply apron.



Apply fluid shield mask; pinch around bridge of nose and ensure bottom of mask is secure under chin area.



Eye protection is only required if in face to face contact or there is a risk of splashing. (risk assess) **Then apply gloves.**



Donning procedure complete.

Doffing procedure for PPE



First remove gloves by pinching the outside of the glove with the opposite gloved hand and peel off.



Slide the fingers of the un-gloved hand under the remaining glove at the wrist and peel the remaining glove off over the first glove and discard.



Wash or decontaminate hands



Next remove apron by breaking straps at neck and waist. Carefully roll away from body /fold apron in on itself and try not to touch outside/front of apron.



Wash or decontaminate hands.
Remove eye protection if worn. Use both hands to handle the straps/or goggles by lifting away from face.
Wash or decontaminate hands.



Lastly remove the fluid shield mask when more than 2 metres away from the patient /outside patient room. Untie or break bottom ties, followed by top ties or elastic, and remove by handling the ties only. Carefully remove the mask away from the face. DO NOT reuse once removed.



Decontaminate hands using soap and water and/or alcohol hand sanitiser.